

Carolina Laursen

Actress, writer, acting teacher and theater director

Carolina Laursen is an award-winning actress, writer, and theater director based in Miami. Her plays and productions have been staged internationally, bringing her creative vision to audiences around the world. She also leads PAFF (Primer Acto Florida Foundation), a nonprofit dedicated to producing theater, audiovisual projects, and community programs that empower local artists.



Actress

"Cena de Aniversario" Film (2025), Miami, Dir: David Chocarro
"Spanglish Robin Hood," Theater (2025), NJB Cultural Center, Miami
"Nada es lo que parece" short film (2024), One Movie One film
"Aquellas Cabareteras" short film, (2024), Dir: David Chocarro
"Personajes de la historia", Teatro Boutique, (2024), Miami
"Por la vida" (2024) Film, Dir: Gonzalo Mejía
"Aquellas Cabareteras" Theater (2024), Helmet One, Kokai, Miami
"Phanther G" (2024) Short Film, Dir: Ruben Morales, Miami
"La isla Bonita" (2023) Teatro Tower, Miami
"Proceso Creativo" Theater (2023) Brisk Festival, Los Angeles
"Malena y Sofia" web serie (2023)
"Alter Ego" (2023) Theater, Helmet One, Miami
"El asesinato silencioso" (2022) Teatro Koubek center, Miami
"Proceso Creativo" y "Superterapia" (2022) Helmet One, Miami
"Tanguito" (2022) Teatro en su pantalla, Website
"Así se baila" (2021) Telemundo
"La liga" Short film, 2019, dir: David Chocarro y Diego Chiliano
"Cien días para enamorarnos" Serie (2019) Telemundo
"Esperando la Carroza" (2018) Teatro 8 Miami
"El test" (2018) Teatro 8 Miami
"A 2,50 La cuba Libre" (2017) Sala Catarsis Miami
"Las Novias de travolta" (2016) Teatro 8 Miami
"Regalo de Cumpleaños" (2013) Miami Microtheater
"Futurofobia" (2013) Micro Teatro Madrid
"El tango de la Injusticia" (2013) Artspoken, Miami



Acting Coach

- Assistant coach (2024) David Chocarro's acting workshop (2024) Dupont Building
- Acting and creativity coach at Cala Center, Miami (2024)
- Acting coach AI Lab and Theater (2023) , Koubek Center, In residency Program
- Acting Classes for adults and kids (2015- 2023) Hispanic Center, Teatro 8 & Let it Beat Music Academy, Miami
- Creativity Workshop Online (2021) The Best You Expo
- Acting workshop "Cien días para enamorarnos" (2019) Telemundo
- Creativity Workshops (2018/19) Cala Entertainment Group

Hostess

- Fashion Shows Fundación Lazos de Amor y sonrisas" (2022-present) Live event Host, Miami
- "Las limitadas" Dos temporadas (2020 y 2024) Youtube Show
- "Despertando Sueños" Video Documental (2023)
- " Te va a costar Caro" Host (2017) Feed Latino Online Show
- "Agárrese Quien Pueda"- Host (2014) America TV

USA commercials

- ESPN Woman Comercial (2019) Bonsai 3
- Los Increíbles 2, Disney Pixar Comercial (2018) Telemundo
- H2o, Comercial (2018) Food Network Latin America
- Kohl's Comercial (2017) Telemundo
- Mother's day (2013) America TV
- Cinederella the movie (2013) Telemundo



PLAYWRITTER

- "Spanglish Robin Hood" MJB Cultural center, Tower Theater (2025)
- "La isla Bonita" Tower Theater Miami (2023)
- El asesinato silencioso (adaptation of Murder of the Links by Agatha Cristhie) , Koubek Center Miami (2022)
- Frankenstein (adaptation of Frankenstein by Mary Shelley) Teatro 8 Miami (2018)
- "El tango de la Injusticia" (2020) La carpinteria Buenos Aires and Artspoken Miami (also in Amazon Edition)

More than 30 short -plays presented several times in different countries (Supertango, La colina, Plan B, Aquellas Cabareteras, Futurofobia, , La cueva, etc) Some of them in the book "Porción" by Amazon Edition.

SCRIPTS

- **Pitching: "Opuestos" (film) and "Olvidame otra vez" (film)**
- La nueva (serie vertical para redes sociales) PAFF and G000L films 2025
- Short film "Aquellas cabareteras" 2025, Miami
- Short film Panther G (co-scriptwriter) 2024, Miami Short Film festival audience winner
- Short films "Viejo Diablo", "Feminofilia" for acting workshop Teatro 8 (Festivals officcial sel.) 2018
- Short Film #RetireLolita (2016) America TV
- Panasonic Latin America Infomercials (2015)
- Agárrese quien pueda / Comedy Scenes (2015) America TV
- Short Film "Life Suckers" (2013) Cinema 0 Festival audience winner

AWARDS

- Varios premios y reconocimientos en festivales al cortometraje "Panther G" (productora, actriz y co-escritora)
- Reconocimiento creativo "De la idea a la pantalla" Consulado de Mexico en Miami (2024-2025)
- Reconocimiento "Mujeres exitosas y emprendedoras del sur de la florida" (2024)
- Premio AIPE Latin Golden Award 2015
- TV host mention for "Agárrese quien pueda" (America TV/ 2 emmy awards) by Hialeah City 's Mayor ,Carlos Fernandez, (2014)
- Reconocimiento como artista de la comunidad de Miami entregado por el alcalde Tomas Regalado (2013)
- Short Film Audience Award in NOLA Festival, O Cinema Wynwood, Miami (2014)
- Acting Career and play writer recognition, by Miami City's Mayor, (2013)
- Original Playwriting award at Il Festival de Pequeño Formato de Miami (2013)

EDUCATION

Script Writer Intensive (2020) with Thalerman Urguelles, Miami

Dramaturgy (2010-2011), Saquen una pluma dramaturgia Rodante, Buenos Aires

Script Writer (2011) with Jorge maestro & Pablo Cullel, Buenos Aires

Social Communication (2005) , Universidad de Buenos Aires

CONTACT

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MEDIA KIT

Actress

ACTING - BEAUTY- LIFESTYLE



46.700
 Instagram followers
[@CAROLLAURSEN](#)

58.450
 Youtube Suscribers
[LA ACTRIZ UTILÍSIMA](#)

85% Women
(25-44)

19% From USA
13% From Mex

19% From USA
15% From Mex

 13.700

Carolina Laursen is an actress and writer. In social media she shares different aspects about her life as an artist, mother of two girls and traveler. But the audience preference are her beauty contents.

She is believable, honest and shows a real life to the followers.

As a model in her early years, has a lot of experience workings with brands.

You can watch her in theater, Tv commercials, series , hosting shows and in her youtube channel offering amazing contents.

VIDEOS

